



BEST STEAKS SINCE 1968





Our steak menus already include a fresh salad, baked potato with sour cream and BLOCK HOUSE bread.

## MRS. RUMPSTEAK

a first-class cut from our own butcher, 180 g, from the young, hearty sirloin

## MR. RUMPSTEAK

from carefully selected BLOCK HOUSE cattle with a small, juicy strip of fat, 250 g, meaty and tender

### HEREFORD RIB-EYE

from the rib-eye, 250 g, well marbled with a small eye of fat, juicy and tender

# RIB-EYE MASTERCUT, 12 oz.

tender, matured prime rib, 350 g, the pride of our butcher, from a lava-stone grill, with freshly grated horseradish

## FILET MIGNON

180 g from the most tender cut of the cattle, spiced with the popular BLOCK HOUSE Steak Pepper

## AMERICAN TENDERLOIN

the best cut of the fillet, 250 g, cut thick and high, crispy outside and tender-pink inside, with herb butter

# T-BONE STEAK, 1.1 lb

tender fillet and juicy roast beef on the T-bone, 500 g, with crispy strip of fat and our herb butter Also for two to share



# FRESH STARTERS

#### **BLOCK HOUSE Salad**

Leaf and iceberg salads, tomatoes, peppers, cucumbers, onions, white and red radishes, tomato confit and pumpkin seeds

The price is included in the steak menu.

### Tomato Bruschetta

fresh diced tomato with a spicy pesto<sup>6</sup> of basil, olive oil and onions on BLOCK HOUSE bread

NEW Avocado tartare

with spicy tomato confit and BLOCK HOUSE bread

### Büsum prawns

from the North Sea<sup>1</sup>, with red radishes, dill, onions, cucumbers and olive oil, served with whole grain rye bread

#### Salad sauces:

American dressingsweet, creamy, enhanced with estragonFrench dressingspicy with a hint of garlicItalian dressingspicy, with mild balsamic vinegar, herbs, olives and cold pressed oils

#### Caesar Salad

Romaine salad, iceberg lettuce, rocket and baby spinach with garlic croûtons, made with French dressing and Grana Padano<sup>1</sup>

### Carpaccio

wafer-thin slices of beef reared in northern Germany, with pesto and Grana Padano

### Tatar from free range beef

from cattle reared in northern Germany, classically made fresh for you, served with whole grain rye bread

For choosing a fresh starter instead of our house salad for your steak menu, we will cross-charge you 3.00.

# **FINE SOUPS**

### **Bull Soup**

hearty beef broth with meat from our own breeding and vegetable chunks, served with BLOCK HOUSE bread

### Goulash Soup

Hungarian-style, piquant, with fresh peppers and plenty of beef from cattle reared by ourselves, served with BLOCK HOUSE bread

## French-style onion soup

cooked classically with white wine and cheese gratin

### Carrot and ginger soup

aromatic with fresh ginger, refined with cream and BLOCK HOUSE bread

# GREEN CUISINE

### Garden Potato

our popular baked potato with sour cream, served with fresh seasonal vegetables and bruschetta

### The three classics

our salad with fine mushrooms pan-fried in butter, served with a baked potato and our BLOCK HOUSE bread

## Linguine 6

long, flat pasta seasoned with aglio e olio, served with pan-fried fresh vegetables and a spicy tomato confit

# FRESH CUISINE

### **Chicken Thighs**

two tender, crispy roasted chicken thighs served with a baked potato and sour cream, BLOCK HOUSE bread and coleslaw garnish

### Fillet Medallions with Vegetables

tender beef fillet medallions with potato gratin and fresh seasonal vegetables

#### **Grass-fed Lamb**

160 g tender, medium-rare grilled saddle of lamb, served with potato gratin, leaf spinach and herb butter

# NEW Bowl

fresh quinoa and vegetables, crunchy pan-fried vegetables, green leaf salad, spicy tomato confit, with miso salad cream and chopped chicken

### Norwegian Fjord Salmon

cooked sous vide in a lime and butter sauce, with potato gratin and spicy leaf spinach

### Linguine

long, flat pasta seasoned with aglio e olio, served with a spicy tomato confit and chopped chicken from the inner fillet

# **AMERICAN BISTRO**

### **Classic Block Burger**

200 g beef, made from cattle reared on our own farm in Mecklenburg-Vorpommern, served with BLOCK HOUSE bread fresh from the oven

- with pan-fried vegetables
- · with baked potato

### **New York Cheese Burger**

our Block Burger 200 g on freshly baked BLOCK HOUSE bread, topped with Edam cheese, served with French fries and coleslaw garnish

#### Sirloin Steak

180 g, from the heart of the rump, served with coleslaw garnish, French fries and BLOCK HOUSE bread fresh from the oven

#### **Barbecue Steak Platter**

small beef rump medallions with BBQ steak sauce and French fries

### **Fitness Pan**

our crispy vegetables from the pan with juicy beef steak strips and spicy pepper cream sauce

# SIDE ORDERS

#### **BLOCK HOUSE bread**

with garlic, fresh from the oven

Baked potato with sour cream

Potato gratin

French fries

Green pepper sauce

creamy, with green pepper

BBQ steak sauce with mango

Steak garlic butter

Sour cream

Fresh seasonal vegetables

"Brasserie" leaf spinach

delicately spiced with onions

Crispy fried vegetables

freshly fried bell pepper, snow pea pods, champignons and red onions

Coleslaw "American Style"

home-made, fresh white cabbage salad, carrots and cucumber gratings

Fresh mixed mushrooms

pan-fried in butter

# **OUR WINES**

White		Red
Pfälzer White Wine Cuvée		Côtes du Rhône
Edition BLOCK HOUSE, QbA	0.21	Domaine des Capes 0.21
Oliver Zeter, Pfalz	0.75 1	France 0.75 l
Chardonnay		Malbec
Cellar Selection, Kleine Zalze	0.21	Bodegas Callia 0.21
Stellenbosch, South Africa	0.75 1	Argentina 0.75 l
Riesling		Shiraz
Schloss Vollrads, QbA	0.21	Wynns Coonawarra Estate 0.21
Rheingau	0.75 l	Australia 0.75 l
Sauvignon Blanc		Merlot
Clos Henri, Henri Bourgeois	0.21	Grand Estates, Columbia Crest 0.21
Marlborough, New Zealand	0.75 l	USA 0.751
Silvaner Keuper from Iphofen		Cabernet Sauvignon
Juliusspital winery,	0.21	Terra Noble, Reserva 0.21
Franconia	0.75 l	Chile 0.75 l
Oktav Weißburgunder		
Heger wine house	0.21	SPARKLING WINES
Kaiserstuhl, Baden	0.75 l	SPARKLING WINES
Rosé		Prosecco, Spumante 0.11
Spätburgunder Rosé		dry, San Simone 0.75 l
Salwey, QbA	0.21	Champagne, Drappier
Kaiserstuhl, Baden	0.75 1	Brut, Reims 0.375 l
	··········	

				 _
- Pa - Fa			T D	
				v
UN	V - L U	<b>IGH</b>		$\mathbf{r}$

# **APERITIFS**

Fresh draught pils Wheat beer	0.3 l 0.5 l		Aperol Spritz <sup>2, 5</sup> Martini, white	0.2 l 5 cl
Alcohol-free wheat beer (bottle) Alcohol-free beer (bottle)			Sherry Tio Pepe	5 cl
Shandy	0.3 1		SPIRITS	
SOFT DRINK	S		Fürst Bismarck Korn	2 cl
	0.251	0.75 1	Helbing Kümmel caraway schnapps	2 cl
Sparkling mineral water			Malteserkreuz Aquavit	2 cl
Still mineral water			Aalborg Jubiläums-Aquavit	2 cl
Regional water fresh from the tap			Linie Aquavit	2 cl
with ice and lemon	0.5 l		Smirnoff Vodka	4 cl
Apple spritzer, naturally cloudy	0.45 1		Gordon's Dry Gin	4 cl
Rhubarb spritzer	0.45 1		•	
Passion fruit spritzer	0.45 1		Havana Club Rum, white	4 cl
Coca-Cola <sup>2,3</sup> , Fanta <sup>2,6</sup> , Sprite	0.31		Jack Daniel's Tennessee	4 cl
Coke Zero <sup>2, 3, 4</sup>	0.33 1		Schladerer Williamsbirne	2 cl
Bitter Lemon, Tonic <sup>5</sup>	0.21		Cognac VSOP, Meukow	2 cl
Apple juice, naturally cloudy	0.21		Grappa, Nonino	2 cl
Tomato juice, Granini	0.21		Sambuca	2 cl
Orange juice, Granini	0.21		Jägermeister	4 cl
Grape juice, red, Granini	0.21		Baileys	4 cl
Malt beverage <sup>2</sup>	0.33 1		· ·	
Family spritzer with 0.75 l minera	l water		Ramazzotti	4 cl
and a hottle of apple juice 0.75 l	watel		Campari <sup>2, 5</sup>	4 cl

# COFFEE, TEA & CO.

Fernet-Branca

Glass of Latte Macchiato Cup of Cappuccino Cup of Espresso Cup of double Espresso Pot of tea

and a bottle of apple juice 0.75 l

Cup of coffee Cup of decaffeinated coffee Glass of chocopresso Glass of drinking chocolate Glass of mulled wine

0.21

2 cl



**Our mission**— to offer our guests healthy and natural food: It was with this claim that the first BLOCK HOUSE opened in Hamburg in 1968. A new and basic restaurant that delights guests at oak tables with fabric sets and makes eating out possible for everyone at any time of day.

Our own butchery is a master craft business—with experienced meat specialists who have been providing the best, tender and juicy steaks since 1973. It starts with the purchasing, then maturation, the fine cutting and the precise portioning. Our experts are permanently on site in South America, where Hereford and Angus cattle are reared on green pastures to be strong and healthy. We manage our Black Angus breeding programme in Mecklenburg-Western Pomerania in close cooperation with our partner farmers. They supply us with Angus cattle that are bred under optimal conditions of animal welfare.

**Our cuisine**— a healthy feast begins with a fresh salad before the steak. Once you order, your dish will be freshly prepared, portion by portion. We are quick, practical and clean, to ensure perfect preparation using our commercial kitchen technology. This is how our popular recipes achieve their delicious taste.

**50 years of expansion** over 50 restaurants have been opened since 1968. Every BLOCK HOUSE is more beautiful than the last, but they all have the same, cosy hospitality, comfortable seating and a friendly welcome. With attention to detail, we create an attractive environment and a practical workplace for our employees.

**BLOCK HOUSE keeps the animals in a species-appropriate manner on healthy pastures** with permanently grassy areas to guarantee environmentally friendly cattle rearing. Our butchery has earned a reputation across the country for its consistent quality and is subject to strict monitoring by the veterinary authorities. Today it is a master craft business with 200 employees on a 3,000 sq m site, split into three units: cutting, portioning and burger production.

Research is priority in our Block Menu production kitchen, because it ensures the perfect preparation of our healthy recipes. So, it's no surprise that we supply numerous customers in the gastronomy and hospitality sector and retailers. We are leaders in the industry with our hygienic, clean technology.

Our Block Head College has been training all our employees for 25 years, and practical knowledge is shared every day in our various companies. We extend our grateful thanks to our many long-standing employees.

The family company continues to grow. My children are expert partners and professional restaurateurs. Company leadership is governed with a broad-based management. It ensures flexible and family-friendly working hours.

**Joie de vivre and pleasure**— every visit to a BLOCK HOUSE should be a joy with the best food and a friendly, welcoming interaction.

"I am incredibly proud that our committed and friendly employees are there to attend to your wellbeing every day."

Augen Rlock

